

**August** 2021







## **2021 Outdoor Adventure Series**

Hike, Bike, Paddle or Saddle Up! and hit the equestrian trails! June 1 through August 30th

In partnership with Explore Licking County!

Enter either challenge for a patch and an entry into a prize raffle!

For more details, visit:

https://explorelc.org/guide/outdoor-adventure-series



Contact info@lickingparkdistrict.com



To register for a program please visit LickingParkDistrict.com

#### Yoga in the Park

When: Wednesdays thru August @ 6 PM Where: Shelter 3, Infirmary Mound Park, 4351 Lancaster Rd, Granville

This yoga class will be accessible to all people regardless of age or yoga experience. The class will focus on whole body flow that will start with basic poses and add on to that each week. Good for beginners and seasoned yoga practitioners alike for an over-all body stretch. You will build strength, flexibility, awareness, and confidence. Please bring your own yoga mat or a towel for class. Register today!

## Music @ the Gazebo—Open Highway

When: Thursday, Aug 19th @ 6 PM - 9PM Where: L.C. Children's Home Memorial Park 745 East Main St, Newark, OH

The Licking Park District is partnering with the City of Newark and the County Commissioners to present an outdoor music series! Enjoy an evening on the lawn with the bluegrass music of Open Highway. Havana Mia will be the evening's food truck. Bring chairs or blankets!



#### Tai Chi in the Park

When: Tuesdays thru August @ 6 PM Where: Shelter 3, Infirmary Mound Park, 4351 Lancaster Rd, Granville

Tai Chi and Qi Gong provide gentle stretching and range of motion to the muscles and joints of the physical body, and participants will quickly notice an improvement in their balance, and a lift in their mood. The exercises, in this introductory course, are gentle, repetitive, and very easy to follow. Register today!

## **Saturday Morning Hike**

When: Saturday, August 21st @ 9 AM

Where: Taft Reserve - North 10250 Flint Ridge Rd **Newark, OH 43056** 

Get moving on the trail with us and explore the Licking Park District! We will be hiking Taft North! The hike will be a few miles and somewhat strenuous. We will travel to the Tippett Mound! The hike may last a couple hours. Registration required.



To register for a program please visit LickingParkDistrict.com

#### Kayak 101

When: Saturday, Aug 21st @ 1PM - 3 PM Where: Shelter 6, Infirmary Mound Park, 4351 Lancaster Rd, Granville

Learn the skills necessary to be comfortable on the water, from before you begin your paddle to how to finish. We will cover different strokes, rescues, and safety plans. The Introduction to Kayaking course is designed as a short program emphasizing safety, enjoyment and skill acquisition. Ages 14 and up. All participants under 18 must be accompanied by an adult. Register today!

#### STEM @ The Park

When: Shelter 6, Sunday, Aug 22nd @ 1 PM

Where: Infirmary Mound Park

4351 Lancaster Rd, Granville

STEM @ The Park is back! Join The Works this Spring for exciting STEM activities and experiments for the whole family! Meet us at Shelter 6 at 1 PM! This program is free and open to the public, but registration is required.

#### **Zoom Paint the Parks**

When: Wednesday, Aug 25th @ 6:30 PM

Where: Online event

Come explore your creative side! Our instructor will guide you step by step through the night's painting. Join us from your home for a fun evening of creativity. See website for more information and to register.

## **Night Hike**

When: Thursday, Aug 26th @ 8:00 PM

Where: Lobdell Reserve

5474 Battee Rd, Alexandria, OH

Explore the night on a hike at Lobdell Reserve. Learn about the senses animals use at night to help them survive. The hike will last about an hour. Program is weather dependent. Registration required.

# Visit the Hartford Fair Natural Resources Area August 8th - 13th!



The mission of the Hartford Fair Natural Resources Area is to build a sustainable natural resources program area celebrating Ohio's natural heritage.

This year the Pavilion will be open from 11AM - 4PM. There will be programming and take-and-make crafts every day at 1 PM offered by the area's sponsors: The Licking Park District, LC Soil and Water Conservation District, Licking County Recycling, The Dawes Arboretum, and OCVN's.

Try it Paddlesports will be offered on Tuesday and Thursday from 12 PM - 3 PM. Archery will also be offered on those days from 4 PM- 5 PM.



To get the latest up to date information on park happenings be sure to follow us on Facebook, Youtube, and Instagram!



