

Martin-Tyrrell-Washington

DISTRICT HEALTH



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Coronavirus Update March 2, 2020 - 4:00PM

The **coronavirus** COVID-19 is affecting **75 countries and territories** around the world and **1 international conveyance** (the *Diamond Princess* cruise ship harbored in Yokohama, Japan).

United States		Global	
Total Cases	100	Total Cases	90,305
Deaths	6	Deaths	3,085
Active Cases	87	Active Cases	41,639
Recovered	7	Recovered	45,581

United States Case Distribution:



All 6 deaths in the United States have been in Washington State (5 in King County and 1 in Snohomish County). Four of those deaths have been from patients in the Life Care Center nursing home in King County. MTW is getting daily updates from NC DHHS and the CDC and weekly Coronavirus conference calls with the State Epidemiologist. Current guidance is that people with symptoms (fever, cough, shortness of breath) <u>AND</u> travel to an area with COVID-19 or close contact with a person known to have a confirmed case call a medical provider and describe symptoms.

UNC School of Public Health Coronavirus Webinar is **3/2 at 10:00am** at the following link: https://zoom.us/j/466216145

NC Coronavirus Hotline: 1-866-462-3821

FACTS ABOUT COVID-19

(CORONAVIRUS 2019)

NC CORONA VIRUS HOTLINE: 1-866-462-3821

FACT #1

The risk of getting COVID-19 in the US & NC is currently low

Some people who have traveled to places where many people have gotten sick with COVID-19 may be monitored by health officials to protect their health & the health of others in the community.

FACT #2

Someone who has completed quarantine or has been released from isolation does not pose a risk of infection to others.

For up-to-date information, visit CDC's coronavirus disease website at: https://www.cdc.gov/coronavirus/2019-ncov/index.html

FACT #3

You can stop COVID-19 by knowing the signs & symptoms:

- Fever
- Cough
- Shortness of breath

Seek medical advice if you develop symptoms

AND

have been in close contact with a person known to have COVID-19 or live in or have recently traveled from an area with ongoing spread of COVID-19.

Call ahead before you go to a doctor's office or emergency room. Tell them about your recent travel and symptoms.

PREVENTION IS KEY!

FACT #4

There are simple things you can do to help keep yourself and others healthy (Works for the FLU, too!)

- Wash your hands often with soap & water for at least 20 seconds.
 -Especially after blowing your nose, coughing, sneezing, or going to the bathroom, & before eating or preparing food.
- Avoid touching your eyes, nose, and mouth with unwashed hands
- Stay home when you are sick
- Cover your cough or sneeze with a tissue, then throw it in the trash
- Clean & disinfect frequently touched objects & surfaces